

Mandatory "Concussion in Sports" Training

The FHSAA requires all **students who are going to play a high school sport (this includes middle school students)** to complete the "Concussion in Sports" video before you are eligible to participate in the sport. This is now a yearly requirement. **There is no fee to order/take this course.** Please follow the steps below to watch the video. **You must print and turn in your completion certificate to the athletic department.**

To order the course:

Step 1: Go to www.nfhslearn.com.

Step 2: "Sign In" to your account using the e-mail address and password you provided at time of registering for an nfhslearn account - OR - If you do not have an account, "Register" for an account.

Step 3: Click "Courses" at the top of the page.

Step 4: Scroll down to "Concussion in Sports" from the list of courses.

Step 5: Click "View Course."

Step 6: Click "Order Course."

Step 7: Select "Myself" if the course will be completed by you.

Step 8: Click "Continue" and follow the on-screen prompts to finish the checkout process.

To complete the course:

Step 1: Go to www.nfhslearn.com.

Step 2: "Sign In" to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

Step 3: From your "Dashboard," click "My Courses."

Step 4: Click "Begin Course" on the course you wish to take. *Your course will launch on the same page of the web browser.

****Click "Back to Dashboard" when ready to exit course. Be sure to print the certificate of completion at the end of the course as each school's athletic department is required to keep a copy on file. Turn in your certificate to the athletic department.**

Form Required After Head Injury

Student athletes who are referred to their healthcare provider for clearance after a possible sports related concussion need to have this form completed by their provider and returned to the school athletic trainer before returning to practice.

- [FHSAA AT18 - Post Head Injury/Concussion Initial Return to Participation](#)