

Instructions for how to complete online courses

The FHSAA requires all **students who are going to play a high school sport (this includes middle school students)** to complete the "Concussion in Sports" video before you are eligible to participate in the sport. This is now a yearly requirement. **There is no fee to order/take this course.** Please follow the steps below to watch the video. **You must print your completion certificate and submit to the Athletic Department**

To order the course:

Step 1: Go to www.nfhslearn.com.

Step 2: "Sign In" to your account using the e-mail address and password you provided at time of registering for an nfhslearn account - OR - If you do not have an account, "Register" for an account.

Step 3: Click "Courses" at the top of the page.

Step 4: Scroll down to "Concussion in Sports", "Sudden Cardiac" and "Heat Illness Prevention" from the list of courses.

Step 5: Click "View Course."

Step 6: Click "Order Course."

Step 7: Select "Myself" if the course will be completed by you.

Step 8: Click "Continue" and follow the on-screen prompts to finish the checkout process.

To complete the course:

Step 1: Go to www.nfhslearn.com.

Step 2: "Sign In" to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

Step 3: From your "Dashboard," click "My Courses."

Step 4: Click "Begin Course" on the course you wish to take. *Your course will launch on the same page of the web browser.

Click "Back to Dashboard" when ready to exit course. **Be sure to print the certificate of completion at the end of the course as each school's athletic department is required to keep a copy on file. Turn in your certificate to the athletic department.